

**FRESH & COLD**

PERFECT PARFAIT ..... 12  
*Seasonal Fresh Fruit, Hudson Henry Organic Granola & Garrett County Pure Maple Yogurt*

AVOCADO TOAST\* ..... 14  
*Poached Egg on Grilled Farmer's Bread with Fresh Avocado Slices, Roasted Butternut Squash, Arugula, Bacon Lardons & Lemon Vinaigrette Drizzle*

CONTINENTAL BREAKFAST ..... 18  
*Basket of House-made Pastries with Fresh Squeezed Orange Juice & your choice of Gourmet Coffee or Jenwey Premium Loose Leaf Tea*



**FARM FRESH EGGS\***

SERVED WITH HOME FRIES & CHOICE OF TOAST

AMERICAN BREAKFAST ..... 23  
*Two Eggs served your way, choice of Bacon or Sausage, choice of Segafredo Gourmet Coffee or Jenwey Premium Loose Leaf Tea, choice of Orange Juice or Grapefruit Juice **GF***

THE NORTH BEACH OMELET ..... 21  
*Jumbo Lump Blue Crab, Tomatoes, Yellow Peppers, Avocado & Appalachian Cheddar Cheese **GF***

SEAHILL SPA OMELET ..... 15  
*Egg Whites, Spinach, Kale, Diced Tomatoes, Green Onions & Fresh Goat Cheese **GF***

**BENEDICTS\***

CLASSIC EGGS BENEDICT 15  
*Two Poached Eggs on an English Muffin with Canadian Bacon & Hollandaise Sauce*

THE CAVALIER BENEDICT 21  
*Two Poached Eggs on an English Muffin with Jumbo Lump Crab, Tomatoes, Wilted Spinach & Hollandaise Sauce*

THE CHESAPEAKE BENEDICT 17  
*Two Poached Eggs on an English Muffin with Creamed Spinach, Applewood Smoked Bacon & Fried Oysters with Hollandaise Sauce*

\*Consuming raw or undercooked meat, eggs, poultry or seafood increases your risk of contracting a foodborne illness.

**GF** = Gluten Free **V** = Vegetarian

## FROM THE GRIDDLE

- BUTTERMILK PANCAKES..... 13  
*Bananas & Blueberries with Blueberry Compote & Garrett County Pure Maple Syrup* **V**
  
- “OLD CAVALIER” BOURBON BRIOCHE  
FRENCH TOAST ..... 14  
*Custard-battered Brioche with Cinnamon-Pecan Butter & Warm Garrett County Pure Maple Syrup*
  
- CHICKEN AND WAFFLES ..... 16  
*Buttermilk Belgian Waffle & Hand-Battered Chicken Breast Strips with Warm Garrett County Pure Maple Syrup*

## HOUSE FAVORITES

- PUNGO FARMHOUSE..... 22  
*Char-broiled Steak, Cheddar Cheese Grits, Blistered Cherry Tomatoes, Two Farm Fresh Fried Eggs,\* & Red Eye Gravy* **GF**
  
- SHRIMP AND GRITS ..... 18  
*Poached Eggs, Cheddar Cheese Grits, Royal Red Shrimp, & Bacon Lardons* **GF**

## ADDITIONS

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|---|-------------------------------------|
| SMALL FRUIT BOWL..... 6                               | TOASTED BAGEL & CREAM CHEESE..... 5 |
| STEEL-CUT OATMEAL WITH BROWN SUGAR & RAISINS ..... 8  | HOUSE-MADE DANISH PASTRY ..... 5    |
| ASSORTED COLD CEREAL WITH WHOLE OR 2% MILK ..... 5    | APPLEWOOD SMOKED BACON ..... 6      |
| WHITE OR WHOLE WHEAT TOAST, OR ENGLISH MUFFIN ..... 3 | SMOKED SAUSAGE ..... 5              |
|   | STONE GROUND GRITS..... 6           |

## COFFEE & TEA

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|--|--|
| J'ENWEY PREMIUM LOOSE-LEAF TEAS ..... 6<br><i>Cavalier Black &amp; Bourbon Vanilla<br/>Lavender Blue Earl Grey<br/>Japanese Sencha<br/>Hibiscus High Energy<br/>Moroccan Mint<br/>Herbal Chai*<br/>Chamomile*<br/>*Caffeine Free</i> | SEGAFREDO GOURMET COFFEE ..... 5<br>FRENCH PRESS (SMALL/LARGE) ..... 6/10<br>ESPRESSO (SINGLE/DOUBLE) ..... 3/5<br>CAPPUCCINO OR LATTÉ ..... 6 |
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*Regular & Decaffeinated Available*